

Compulsory Treatment Orders and Care Programme Approach - Many professionals have asked questions in relation to the use of CPA and CTOs. Advice from the CPA Management Committee is:-

All patients included on CTOs will also meet the eligibility criteria for CPA, with few exceptions, for example, an elderly person on Guardianship and in a nursing home or residential care where the CTO is used only for medication.

If people are already on CPA and then go on a CTO, CPA should continue and they can run together. If someone goes on a CTO but is not already on CPA then CPA should be considered / initiated either at the time of the CTO Review, Suspension of Detention or if it becomes a Community CTO. The reason for not initiating CPA must be documented in their casenotes and also passed to the CPA Co-ordinating Service for their records and future audit purposes.

Rationale for the use of CPA for patients on CTOs:-

- For any patient on a CTO there has to be monitoring and review, including risk assessments and care plans. The CPA process provides all of these formally with administrative backup.
- CPA is less restrictive than a CTO
- CPA can be used to manage the person's care in the community if / when the CTO is no longer in place, becomes a Community CTO or Detention is Suspended
- CPA will involve other agencies and support organisations that will not be involved at either the Tribunal or CTO Review and info will be shared with them as appropriate
- CPA information is shared for patients referred for and included on CPA:-
 - A&E Depts Highland wide – list of all patients ever referred for CPA and their current status plus instructions on how to access further info if needed
 - Social Work Emergency Standby – list of all patients ever referred for CPA and their current status plus instructions on how to access further info if needed
 - NHS24 Highland Hub – Patient Alert for all patients ever included on CPA and their current status. This is updated if there is change in status, change of address or change in GP Practice
 - Casenotes at New Craigs for all patients currently included on CPA – up-to-date copy of most recent CPA paperwork is kept at front of case notes whether or not the person is an inpatient
 - Raigmore Hospital – up-to-date copy of most recent CPA paperwork is kept at A&E Dept for use by A&E Staff, NHS24, Out of Hours CPNs, Liaison Nurses (both MH & LD) based at Raigmore Hospital, etc.
 - New Craigs Hospital – up-to-date copy of most recent CPA paperwork for all patients currently on CPA is kept in Lever Arch files in the Office / Nurse Base at Morar Ward for use by Mental Health Assessment Team, NHS 24 Triage Nurses and also for access by others as appropriate if casenotes are not available. This could involve responding to calls from A&E Depts, Police, Social Work, etc.
 - Police – some information is shared with the police for those who have agreed to this or whose care team have agreed that it is in the best interest of the person or other people that some information should be shared with the police plus instructions on how to access further info if needed

CTO and CPA Forms – Electronic versions of the RMO Care Plan, CPA Care Plan and CPA Risk Assessment are available on the CPA page of the NHS Highland Intranet, on the CPA page on the Highland Council's Internet or by contacting the CPA Office on 01463 253610 or Ext 3610 or e-mail shirley.ritchie@nhs.net.

Produced on behalf of the CPA Management Committee

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