

29.9.2010 Working together to build competent active support for people with complex needs and challenging behaviour:

## **Additional Support Team Workshop**

What is important in helping people who communicate through challenging behaviours?

1. A clear and agreed **goal**.
2. A shared **understanding** of what is being communicated.
3. Clear and agreed ways of **responding**.
4. Ways of **looking after yourself** – there will be setbacks!



**Underlying Factors**



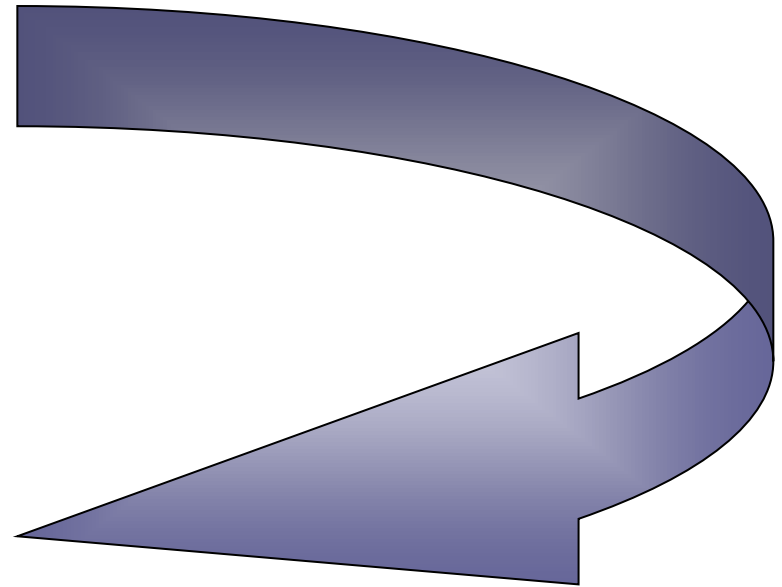
**Triggers**



**Behaviour**



**Consequences**



# **Underlying factors: Key areas to consider**

- **Communication**
- **Predictability**
- **Life experiences, past and present**
- **Social needs and social understanding**
- **Activity**
- **Health needs: physical and mental**
- **Sensory**

# What ways should we respond?

- **Organising the environment**
- **Helping people develop new skills**

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- **Ways to make the situation as safe as possible when the behaviours do happen**  
*(safety strategies)*

