

## Fire Protection

### Dìon Teine

Special smoke alarms linked to the Telecare Service are also available. These ensure that the Fire Service is alerted without delay if there is a fire in your home.

## Enhanced Telecare Service

### Seirbheis Leudaichte Telecare

Additional telecare sensors and monitors can be used to support people with more complex care needs. This equipment is also linked to the Call Monitoring Centre through the telecare base unit. Assessments for additional sensors and monitors are undertaken by local health or social work professionals.

## How to access the Telecare Service

### A' faotainn Seirbheis Telecare

To get the Telecare Service you, or someone on your behalf, should contact your local Social Work Team, GP or Community Nurse. An assessment will be undertaken to determine the level of service you require. You can use the service for as long as you need it.

## Charges for the Telecare Service

### Cìsean Seirbheis Telecare

There is a nominal weekly charge for the service. You will be asked to complete a financial assessment to determine whether you will be required to contribute to the cost of the service you receive.

## Further Information

### Tuilleadh Fiosrachaidh

If you would like further information on the Highland Telecare Service, please contact your local Social Work Team – see list on back page.

## Social Work Teams

### Obair Shòisealta

#### CAITHNESS

125/127 High Street, Wick KW1 4LR  
Tel: 01955 605040

#### SUTHERLAND

Drummuie, Golspie KW10 6TA  
Tel: 01408 635231

#### ROSS & CROMARTY

Slioch, Castle Street, Dingwall IV15 9HU  
Tel: 01349 865262

#### SKYE AND LOCHALSH

Old Corry Industrial Estate, Broadford, IV49 9AB  
Tel: 01471 820174

#### LOCHABER

Fulton House, Gordon Square, Fort William PH33 6DX  
Tel: 01397 707025

#### INVERNESS EAST

Keppoch Road, Culloden, Inverness IV1 2LL  
Tel: 01463 798337

#### INVERNESS WEST

RNI, Ness Walk, Inverness IV3 5SF  
Tel: 01463 704617

#### NAIRN

Corsee Resource Centre, Victoria Street, Nairn  
IV12 4HH  
Tel: 01667 453951

#### BADENOCH & STRATHSPEY

Glen Centre, 17 Kinveachy Gardens, Aviemore  
PH22 1RX  
Tel: 01479 812618

Highland Community Care Partnership



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# HIGHLAND TELECARE SERVICE

# SEIRBHEIS TELECARE NA GÀIDHEALTACHD

A support service for people  
living in their own homes

Seirbheis taice do  
dhaoine nan dachaigh

Highland Community Care Partnership

## The Highland Telecare Service Seirbheis Telecare na Gàidhealtachd

The aim of the Highland Telecare Service is to provide vulnerable people with a means of summoning assistance when it is needed to help them live safely in their own home.

The Telecare Service provides:

- Reassurance for people living on their own
- Immediate response in an emergency
- Support for carers
- Enhanced fire safety
- Access to enhanced telecare solutions

It is available to those at risk because of age, disability or other factors.

You may benefit from using the Telecare Service if you:

- Live alone or are regularly left alone
- Face danger or risk because of restricted mobility or illness and need to call for assistance in an emergency
- Live in an isolated location
- Feel you could benefit from the added security offered by the telecare service for self protection, fire or other safety reasons
- Live with a person who could not cope in an emergency when left alone

## Telecare Base Unit and Personal Alarm Ionad Telecare agus Rabhadh Pearsanta

The equipment installed in your home consists of a base unit about the size of a telephone and a small body transmitter which can be worn around your neck, wrist or clipped to clothing.

The base unit is plugged into the mains electricity supply. The base unit also has a battery back up so that it will still operate during a power cut. It is important that the unit remains switched on at all times.

The body transmitter will work inside your home and within a limited range outside but you should wear it at all times to be able to make an emergency call. It is waterproof and can be worn in the shower or bath. **You will need a home telephone line for the telecare service to work.**



## The Call Monitoring Centre Ionad Sgrùdaidh nam Fios

The base unit, when activated, automatically links with the Call Monitoring Centre in Aberdeen. The Centre is staffed by a team of trained operators who answer alarm calls 24 hours a day. The staff answer calls quickly and summon help from volunteer responders and if needed, the Emergency Services.

When you are assessed for the service you will be asked to nominate 3 volunteer responders (relatives, friends or neighbours) who live nearby who are

willing to be contacted in an emergency to provide you with assistance and support. They must be contactable by telephone. If you are not able to identify 3 volunteers, your health or social work professional will discuss other support options with you.



## Using the Telecare Equipment Uidheamachd Telecare

If you press the red button on the telecare base unit or body transmitter, the Call Monitoring Centre will respond to your call within a few seconds.

The Centre staff will be able to see on their computer screen who is calling and they will be able to talk to you through the base unit to find out if you need assistance.

If, in making an emergency call, you are unable to speak for any reason, the Centre staff will alert one of your volunteer responders and the Emergency Services to attend.